

London International Christian Church - Follow up Discipleship Times

(Updated 4th of March 2009)

Follow up Discipleship Times Reading List

- Lion Never Sleeps
- Master Plan of Evangelism

Introduction to Follow up Discipleship Times:

These discipleship times or d-times are designed to encourage and strengthen the new convert and help the discipler get into a good rhythm of quality time over the first critical weeks of life in the church. Read each passage carefully and discuss each one before you go on to the next one. At the bottom is a list of items you should have discussed but if you missed one you can make sure to discuss it before you close the study. Make sure you start and finish your studies with prayer! Enjoy your follow up studies!

Study for the Disciplex: My Brothers Keeper

Genesis 4: 2-9

Now Abel kept flocks, and Cain worked the soil. ³ In the course of time Cain brought some of the fruits of the soil as an offering to the LORD. ⁴ But Abel brought fat portions from some of the firstborn of his flock. The LORD looked with favor on Abel and his offering, ⁵ but on Cain and his offering he did not look with favor. So Cain was very angry, and his face was downcast.

⁶ Then the LORD said to Cain, "Why are you angry? Why is your face downcast? ⁷ If you do what is right, will you not be accepted? But if you do not do what is right, sin is crouching at your door; it desires to have you, but you must master it."

⁸ Now Cain said to his brother Abel, "Let's go out to the field." ^[d] And while they were in the field, Cain attacked his brother Abel and killed him.

⁹ Then the LORD said to Cain, "Where is your brother Abel?"

"I don't know," he replied. "Am I my brother's keeper?"

Hebrews 3: 12-15

¹² See to it, brothers, that none of you has a sinful, unbelieving heart that turns away from the living God. ¹³ But encourage one another daily, as long as it is called Today, so that none of you may be hardened by sin's deceitfulness. ¹⁴ We have come to share in Christ if we hold firmly till the end the confidence we had at first. ¹⁵ As has just been said:

"Today, if you hear his voice,
do not harden your hearts
as you did in the rebellion." ^[b]

Jeremiah 6: 11-12

¹¹ They dress the wound of my people
as though it were not serious.
"Peace, peace," they say,
when there is no peace.

¹² Are they ashamed of their loathsome conduct?
No, they have no shame at all;
they do not even know how to blush.
So they will fall among the fallen;
they will be brought down when they are punished,
says the LORD.

Items to discuss from the Scriptures

- Why do some of the most experienced disciples of our day say the best discipler starts as a friend?
- Why do I need to be my brothers keeper?
- Does it take courage to disciple someone? Is it an important responsibility?
- How often do we need to check one another's hearts?
- Why do many disciples say: "An improving disciple is a sold out disciple?"
- What is the goal of discipling? (The goal: that they be prepared to make disciples in turn)

Discipleship Time 1: Devotional Life

Matthew 6: 5-15

⁵"And when you pray, do not be like the hypocrites, for they love to pray standing in the synagogues and on the street corners to be seen by men. I tell you the truth, they have received their reward in full. ⁶But when you pray, go into your room, close the door and pray to your Father, who is unseen. Then your Father, who sees what is done in secret, will reward you. ⁷And when you pray, do not keep on babbling like pagans, for they think they will be heard because of their many words. ⁸Do not be like them, for your Father knows what you need before you ask him.

⁹"This, then, is how you should pray:

" 'Our Father in heaven,
hallowed be your name,
¹⁰your kingdom come,
your will be done
on earth as it is in heaven.

¹¹Give us today our daily bread.

¹²Forgive us our debts,
as we also have forgiven our debtors.

¹³And lead us not into temptation,
but deliver us from the evil one. ^[a], ¹⁴For if you forgive men when they sin against you,
your heavenly Father will also forgive you. ¹⁵But if you do not forgive men their sins, your
Father will not forgive your sins.

Matthew 6: 16-18

¹⁶"When you fast, do not look somber as the hypocrites do, for they disfigure their faces to show men they are fasting. I tell you the truth, they have received their reward in full.

¹⁷But when you fast, put oil on your head and wash your face, ¹⁸so that it will not be obvious to men that you are fasting, but only to your Father, who is unseen; and your Father, who sees what is done in secret, will reward you.

Psalms 13: 4-6

⁵ But I trust in your unfailing love;
my heart rejoices in your salvation.

⁶ I will sing to the LORD,
for he has been good to me.

Romans 15:1-4

¹We who are strong ought to bear with the failings of the weak and not to please ourselves.
²Each of us should please his neighbor for his good, to build him up. ³For even Christ did not please himself but, as it is written: "The insults of those who insult you have fallen on me."^[a]⁴For everything that was written in the past was written to teach us, so that through endurance and the encouragement of the Scriptures we might have hope.

Items to discuss from the Scriptures

- What is the importance of singing?
- What is the importance of bible study?
- What is the importance of fasting?
- What is the importance of prayer?

Discipleship Time 2: Purity

Ephesians 5:1-5

¹Be imitators of God, therefore, as dearly loved children ²and live a life of love, just as Christ loved us and gave himself up for us as a fragrant offering and sacrifice to God.

³But among you there must not be even a hint of sexual immorality, or of any kind of impurity, or of greed, because these are improper for God's holy people. ⁴Nor should there be obscenity, foolish talk or coarse joking, which are out of place, but rather thanksgiving.

⁵For of this you can be sure: No immoral, impure or greedy person—such a man is an idolater—has any inheritance in the kingdom of Christ and of God.

1 Corinthians 6: 14-18

¹⁴Do not be yoked together with unbelievers. For what do righteousness and wickedness have in common? Or what fellowship can light have with darkness? ¹⁵What harmony is there between Christ and Belial^[b]? What does a believer have in common with an unbeliever? ¹⁶What agreement is there between the temple of God and idols? For we are the temple of the living God. As God has said: "I will live with them and walk among them, and I will be their God, and they will be my people."^[c]

¹⁷"Therefore come out from them and be separate, says the Lord.

Touch no unclean thing, and I will receive you."^[d]

¹⁸"I will be a Father to you, and you will be my sons and daughters, says the Lord Almighty."^[e]

1 Timothy 5:1-2

¹Do not rebuke an older man harshly, but exhort him as if he were your father. Treat younger men as brothers, ²older women as mothers, and younger women as sisters, with absolute purity.

Items to discuss from the Scriptures

- Can I date a non-disciple? Can I marry a non-disciple?
- What is the danger of porn & flirting?
- How can I build up and respect the opposite sex?

Discipleship Time 3: Evangelism

1 Corinthians 9: 16-17

¹⁶Yet when I preach the gospel, I cannot boast, for I am compelled to preach. Woe to me if I do not preach the gospel! ¹⁷If I preach voluntarily, I have a reward; if not voluntarily, I am simply discharging the trust committed to me

2 Corinthians 5:11

¹¹Since, then, we know what it is to fear the Lord, we try to persuade men.

2 Corinthians 10:3-5

³For though we live in the world, we do not wage war as the world does. ⁴The weapons we fight with are not the weapons of the world. On the contrary, they have divine power to demolish strongholds. ⁵We demolish arguments and every pretension that sets itself up against the knowledge of God, and we take captive every thought to make it obedient to Christ.

Acts 20: 1-6

¹When the uproar had ended, Paul sent for the disciples and, after encouraging them, said good-bye and set out for Macedonia. ²He traveled through that area, speaking many words of encouragement to the people, and finally arrived in Greece, ³where he stayed three months. Because the Jews made a plot against him just as he was about to sail for Syria, he decided to go back through Macedonia. ⁴He was accompanied by Sopater son of Pyrrhus from Berea, Aristarchus and Secundus from Thessalonica, Gaius from Derbe, Timothy also, and Tychicus and Trophimus from the province of Asia. ⁵These men went on ahead and waited for us at Troas. ⁶But we sailed from Philippi after the Feast of Unleavened Bread, and five days later joined the others at Troas, where we stayed seven days.

Items to discuss from the Scriptures

- What is cold contact evangelism? How many people in the church were met that way?
- What is cyber evangelism? How many people in the church were met that way?
- What is team evangelism? Does Paul travel with a group? Why?
- What are the First Principals?
- Why do we need to follow through to multiplication?

Discipleship Time 4: Discipling & Addressing Sin

1 John 1: 5-10

⁵This is the message we have heard from him and declare to you: God is light; in him there is no darkness at all. ⁶If we claim to have fellowship with him yet walk in the darkness, we lie and do not live by the truth. ⁷But if we walk in the light, as he is in the light, we have fellowship with one another, and the blood of Jesus, his Son, purifies us from all^[b] sin. ⁸If we claim to be without sin, we deceive ourselves and the truth is not in us. ⁹If we confess our sins, he is faithful and just and will forgive us our sins and purify us from all unrighteousness. ¹⁰If we claim we have not sinned, we make him out to be a liar and his word has no place in our lives.

Proverbs 12:15

The way of a fool seems right to him, but a wise man listens to advice.

Proverbs 13:10

Pride only breeds quarrels, but wisdom is found in those who take advice.

Proverbs 19:20

Listen to advice and accept instruction, and in the end you will be wise.

Proverbs 20:18

Make plans by seeking advice; if you wage war, obtain guidance.

Ephesians 4: 1-3

¹As a prisoner for the Lord, then, I urge you to live a life worthy of the calling you have received. ²Be completely humble and gentle; be patient, bearing with one another in love. ³Make every effort to keep the unity of the Spirit through the bond of peace

2 Timothy 4:2

Preach the Word; be prepared in season and out of season; correct, rebuke and encourage—with great patience and careful instruction.

2 Timothy 2: 22-26

²²Flee the evil desires of youth, and pursue righteousness, faith, love and peace, along with those who call on the Lord out of a pure heart. ²³Don't have anything to do with foolish and stupid arguments, because you know they produce quarrels. ²⁴And the Lord's servant must not quarrel; instead, he must be kind to everyone, able to teach, not resentful. ²⁵Those who oppose him he must gently instruct, in the hope that God will grant them repentance leading them to a knowledge of the truth, ²⁶and that they will come to their senses and escape from the trap of the devil, who has taken them captive to do his will.

Items to discuss from the Scriptures

- How important is confession?
- How important is being taught and seeking advice?
- Do I need peers to help me?
- Do you need to eventually teach others? What is a "dead end disciple"?
- What is the danger of bitterness?
- What does it mean to give careful and patient instruction?
- What does it mean to be Humble & Gentle?
- What is the difference between rescuing and resentment?

Discipleship Time 5: Dealing with Persecution

2 Corinthians 11: 21-29

What anyone else dares to boast about—I am speaking as a fool—I also dare to boast about. ²²Are they Hebrews? So am I. Are they Israelites? So am I. Are they Abraham's descendants? So am I. ²³Are they servants of Christ? (I am out of my mind to talk like this.) I am more. I have worked much harder, been in prison more frequently, been flogged more severely, and been exposed to death again and again. ²⁴Five times I received from the Jews the forty lashes minus one. ²⁵Three times I was beaten with rods, once I was stoned, three times I was shipwrecked, I spent a night and a day in the open sea, ²⁶I have been constantly on the move. I have been in danger from rivers, in danger from bandits, in danger from my own countrymen, in danger from Gentiles; in danger in the city, in danger in the country, in danger at sea; and in danger from false brothers. ²⁷I have labored and toiled and have often gone without sleep; I have known hunger and thirst and have often gone without food; I have been cold and naked. ²⁸Besides everything else, I face daily the pressure of my concern for all the churches. ²⁹Who is weak, and I do not feel weak? Who is led into sin, and I do not inwardly burn?

Matthew 26: 14

¹⁴Then one of the Twelve—the one called Judas Iscariot—went to the chief priests ¹⁵and asked, "What are you willing to give me if I hand him over to you?" So they counted out for him thirty silver coins. ¹⁶From then on Judas watched for an opportunity to hand him over.

Matthew 27:15-23

¹⁵Now it was the governor's custom at the Feast to release a prisoner chosen by the crowd.

¹⁶At that time they had a notorious prisoner, called Barabbas. ¹⁷So when the crowd had gathered, Pilate asked them, "Which one do you want me to release to you: Barabbas, or Jesus who is called Christ?" ¹⁸For he knew it was out of envy that they had handed Jesus over to him.

¹⁹While Pilate was sitting on the judge's seat, his wife sent him this message: "Don't have anything to do with that innocent man, for I have suffered a great deal today in a dream because of him."

²⁰But the chief priests and the elders persuaded the crowd to ask for Barabbas and to have Jesus executed.

²¹"Which of the two do you want me to release to you?" asked the governor.

"Barabbas," they answered.

²²"What shall I do, then, with Jesus who is called Christ?" Pilate asked.

They all answered, "Crucify him!"

²³"Why? What crime has he committed?" asked Pilate.

But they shouted all the louder, "Crucify him!"

John 17: 13-15

¹³"I am coming to you now, but I say these things while I am still in the world, so that they may have the full measure of my joy within them. ¹⁴I have given them your word and the world has hated them, for they are not of the world any more than I am of the world. ¹⁵My prayer is not that you take them out of the world but that you protect them from the evil one.

Items to discuss from the Scriptures

-Do you know that Jesus was persecuted and killed? If you are preaching the same message you could be too.

- Should we be surprised if we are persecuted?
- Internet persecution is some of the most dangerous because it poses as "information". Often times when people fall away they write slanderous things in txts, emails and on websites. This can hurt young Christians. Always go back to the bible and get the facts.
- What kind of sufferings did Paul go through?
- Why doesn't Jesus take us out of the world that hates us?

Discipleship Time 6: Leadership & The Mission

2 Timothy 2: 1-7

¹You then, my son, be strong in the grace that is in Christ Jesus. ²And the things you have heard me say in the presence of many witnesses entrust to reliable men who will also be qualified to teach others. ³Endure hardship with us like a good soldier of Christ Jesus. ⁴No one serving as a soldier gets involved in civilian affairs—he wants to please his commanding officer. ⁵Similarly, if anyone competes as an athlete, he does not receive the victor's crown unless he competes according to the rules. ⁶The hardworking farmer should be the first to receive a share of the crops. ⁷Reflect on what I am saying, for the Lord will give you insight into all this.

1 Timothy 3: 1-7

¹Here is a trustworthy saying: If anyone sets his heart on being an overseer, ^[a] he desires a noble task. ²Now the overseer must be above reproach, the husband of but one wife, temperate, self-controlled, respectable, hospitable, able to teach, ³not given to drunkenness, not violent but gentle, not quarrelsome, not a lover of money. ⁴He must manage his own family well and see that his children obey him with proper respect. ⁵(If anyone does not know how to manage his own family, how can he take care of God's church?) ⁶He must not be a recent convert, or he may become conceited and fall under the same judgment as the devil. ⁷He must also have a good reputation with outsiders, so that he will not fall into disgrace and into the devil's trap.

1 Thessalonians 1: 4-8

⁴For we know, brothers loved by God, that he has chosen you, ⁵because our gospel came to you not simply with words, but also with power, with the Holy Spirit and with deep conviction. You know how we lived among you for your sake. ⁶You became imitators of us and of the Lord; in spite of severe suffering, you welcomed the message with the joy given by the Holy Spirit. ⁷And so you became a model to all the believers in Macedonia and Achaia. ⁸The Lord's message rang out from you not only in Macedonia and Achaia—your faith in God has become known everywhere.

Mark 9:33-37

³³They came to Capernaum. When he was in the house, he asked them, "What were you arguing about on the road?" ³⁴But they kept quiet because on the way they had argued about who was the greatest.

³⁵Sitting down, Jesus called the Twelve and said, "If anyone wants to be first, he must be the very last, and the servant of all."

³⁶He took a little child and had him stand among them. Taking him in his arms, he said to them, ³⁷"Whoever welcomes one of these little children in my name welcomes me; and whoever welcomes me does not welcome me but the one who sent me."

Items to discuss from the Scriptures

- Why is seeking to be in leadership a noble task?
- Why is it so important to be responsible?
- If your not a leader right now can you helping leaders and those who are responsible?
- Importance of Multiplying disciples

- Importance of Multiplying small groups
- Importance of Multiplying churches